



The mealtime prayers for the Christmas season below are traditionally said from Christmas Day until January 6, or the Epiphany. On Christmas Day the candles in the Advent wreath are changed from purple and rose to white. Families may wish to light the four white candles just before the mealtime prayers are said.

Before Dinner

V: All the ends of the earth have seen, Alleluia!

R: The salvation of our God, Alleluia!

V: Blessed is He who comes in the name of the Lord.

R: The Lord our God has made His light to shine upon us.

V: Lord, have mercy upon us.

R: Christ, have mercy upon us.

V: Let us pray:

All: Our Father...

V: Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty. Through Christ our Lord.

R: Amen.

After Dinner

V: The goodness of God our Savior has appeared. Alleluia!

R: Not by the works of justice which we have done, but according to His mercy, He saved us. Alleluia!

V: A sanctified day has shone upon us, Alleluia!

R: Come ye nations and adore the Lord, Alleluia!

V: Let us pray. Grant, we beseech Thee, Almighty God, that the new birth in the flesh of Thine only begotten Son may set us free whom the old bondage holds under the yoke of sin. Through Jesus Christ our Lord.

R: Amen.

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