



Liturgical Ministers Guidelines for Dress

"Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore, glorify God in your body." (1 Cor. 6:19-20)

As liturgical ministers we need to lead by example and dress in a manner that expresses how we choose to present ourselves to God and to one another, even when not scheduled, so as to be able to serve if called upon. Bodily demeanor (gestures and dress) are part of the elements for worthy reception of the Eucharist and that such acts "ought to convey respect, solemnity, and joy of the moment when Christ becomes our guest" (Catechism of the Catholic Church 1387).

The Eucharist is a most holy occasion and thus should be treated in the reverent, holy manner—in body, mind, spirit, and dress. Ministers shall prepare inwardly and portray their outward preparation in appearance by appropriate and modest dress in respect for our Lord and His Presence in the Holy Mass. If one does not come dressed appropriately they may be asked to refrain from presenting oneself for service.

MEN

- Professional/Modest attire
- Dress trousers/pants
- Collared shirts
- Closed shoes and socks

WOMEN

- Professional/Modest attire
- Dress trousers/pants
- Dresses/skirts knee length or longer

WEEKDAY MASSES

The dignity of the service being offered by those who perform any service in the Sanctuary (or in any liturgical-related duties) remains the same for all Masses or public services (for instance, the priest vests the same at all Masses). Therefore, the minimum of "business casual" provided above (shirts/blouses with collars, full length slacks, nice shoes, etc.) worn with modesty and respect.